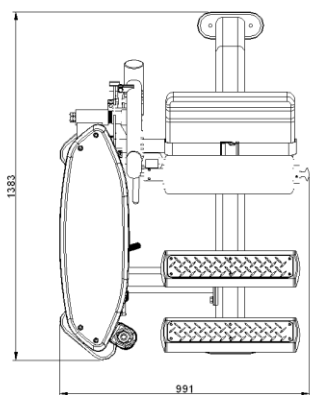


MSK1600

Back Extension Machine



Console Features:

- A. Personal Coach Function.
- B. Auto Detecting (weight/resistance).
- C. Auto counting.
- D. Auto operation without setting.
- E. Personal program provided.
- F. Display:
 - . a. Training Time
 - . b. Calorie
 - . c. Goal
 - . d. Accumulated Data
 - . e. Counting Down Data



MSK1600

Back Extension Machine

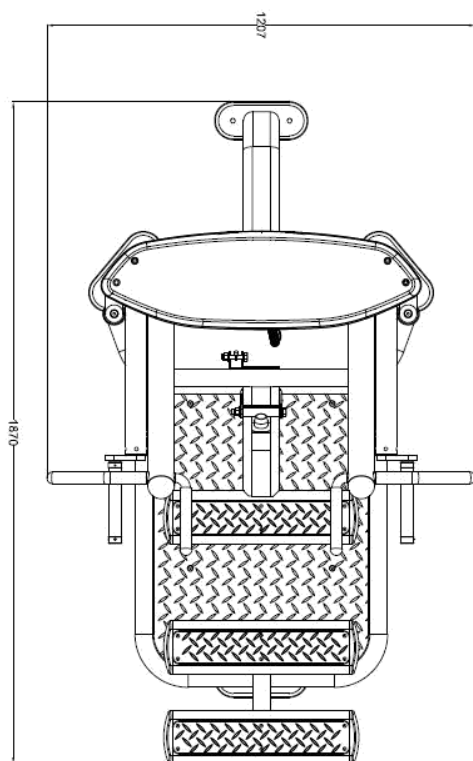
Achieve a back profile that will make people sit up and take notice! A strong, functional torso requires a well-defined lower back. A successful workout of these complex muscle groups demands a routine built upon a foundation of consistency. The Mega Power Back Machine features a unique rotation position that provides correct movement for maximum back muscle development. The adjustable seat and angled non-slip foot plate permit ergonomically correct pivot positioning.

SPECIFICATIONS

- A. Mainframe: 11 Gauge 1.968" X 5.905" oval tubing (50 x 150 x 3mm)
- B. Upholstery (B/R): CGPC 2"high density foam (ergonomic design)
- C. Belt: Tensile strength more than 5,027 Lb. (2,280 Kg)
- D. Shroud: 4T delicate safety cover
- E. Product Weight: 568lbs/258kg(include 210 Lb Stack)
- F. Weight Stack: High-quality weight plates for smooth and durable operation.
 - Standard Weight Stack: 210 Lb. (95.34 kg)
 - a. Optional: 310 Lb. (140.74kg)
 - b. Optional: 410 Lb. (186.14kg)
- G. Dimension: L x W x H, 54" x 39" x 65.5" (1383mm x 991mm x 1665mm)

MCD2100

Chin/Dip Machine



MCD2100

Chin/Dip Machine

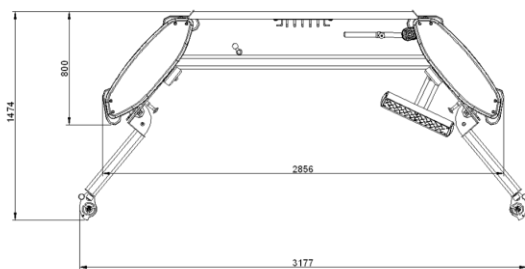
Built to deliver strength—and deliver it does. Structurally and biomechanically designed for intensive club use, the Chin/Dip' rigid body structure plays a critical role in the machine's superb handling. Its large base frame aids stability and comfort, and yields a neutral weight distribution. Substantial rear and side subframes help eliminate lateral torsion and vibration.

SPECIFICATIONS

- A. Mainframe: 11 Gauge 1.968" X 5.905" oval tubing (50 x 150 x 3mm)
- B. Cable: Spun steel aircraft cables are 5.5 mm diameter rated over than 2,500 Lb. (1,110 Kg)
- C. Shroud: 4T delicate safety cover
- D. Product Weight: 657lbs/300kg(include 210 Lb Stack)
- E. Weight Stack: High-quality weight plates for smooth and durable operation.
Standard Weight Stack: 210 Lb. (95.34 kg)
- F. Dimension: L x W x H, 74" x 48" x 97"
(1870mm x 1207mm x 2465mm)

MDC2000

Dual Cable Column & Chin/Dip Machine



MDC2000 Dual Cable Column and Chin Up/Dip Machine

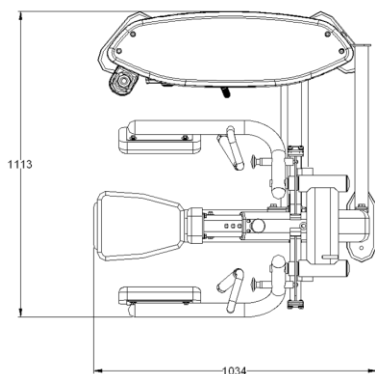
Built to deliver strength—and deliver it does. Structurally and biomechanically designed for intensive club use, the Dual Cable Column and Chin Up/Dip' rigid body structure plays a critical role in the machine's superb handling. Its large base frame aids stability and comfort, and yields a neutral weight distribution. Substantial rear and side subframes help eliminate lateral torsion and vibration.

SPECIFICATIONS

- A. Mainframe: 11 Gauge 1.968" X 5.905" oval tubing (50 x 150 x 3mm)
- C. Cable: Spun steel aircraft cables are 5.5 mm diameter rated over than 2,500 Lb. (1,110 Kg)
- D. Shroud: 4T delicate safety cover
- E. Product Weight: 761lbs/346kg (include Weight Stack)
- F. Weight Stack: High-quality weight plates for smooth and durable operation.
 - One tower Standard Weight Stack: 135 Lb. (61 kg)
 - a. Optional: 160 Lb. (72.57kg)
 - b. Optional: 235 Lb. (106.59kg)
 - c. Optional: 310 Lb. (140.61kg)
- G. Dimension: L x W x H, 125" x 58" x 66" (3177mm x 1474mm x 1665mm)

MDR1300

Lateral Raise Machine



Console Features:

- A. Personal Coach Function.
- B. Auto Detecting (weight/resistance).
- C. Auto counting.
- D. Auto operation without setting.
- E. Personal program provided.
- F. Display:
 - . a. Training Time
 - . b. Calorie
 - . c. Goal
 - . d. Accumulated Data
 - . e. Counting Down Data




MDR1300

Lateral Raise Machine

Built to deliver strength—and deliver it does. Structurally and biomechanically designed for intensive club use, the Lateral Raise' rigid body structure plays a critical role in the machine's superb handling. Its large base frame aids stability and comfort, and yields a neutral weight distribution. Substantial rear and side subframes help eliminate lateral torsion and vibration.

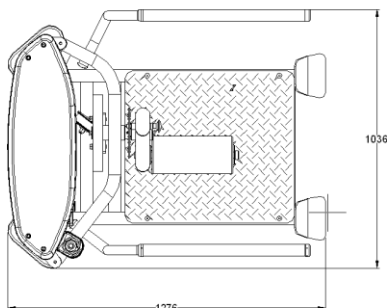


SPECIFICATIONS

- A. Mainframe: 11 Gauge 1.968" X 5.905" oval tubing (50 x 150 x 3mm)
- B. Upholstery (B/R): CGPC 2"high density foam (ergonomic design)

- C. Belt: Tensile strength more than 5,027 Lb. (2,280 Kg)
- D. Shroud: 4T delicate safety cover
- E. Product Weight: 560lbs/255kg(include 210 Lb Stack)
- F. Weight Stack: High-quality weight plates for smooth and durable operation.
 - Standard Weight Stack: 210 Lb. (95.34 kg)
 - a. Optional: 310 Lb. (140.74kg)
 - b. Optional: 410 Lb. (186.14kg)
- G. Dimension: L x W x H, 41" x 44" x 65.5" (1034mm x 1113mm x 1665mm)

MMH1500

Multi-Hip Machine



Console Features:

- A. Personal Coach Function.
- B. Auto Detecting (weight/resistance).
- C. Auto counting.
- D. Auto operation without setting.
- E. Personal program provided.
- F. Display:
 - . a. Training Time
 - . b. Calorie
 - . c. Goal
 - . d. Accumulated Data
 - . e. Counting Down Data



MMH1500

Multi-Hip Machine

Built to deliver strength—and deliver it does. Structurally and biomechanically designed for intensive club use, the Multi-Hip' rigid body structure plays a critical role in the machine's superb handling. Its large base frame aids stability and comfort, and yields a neutral weight distribution. Substantial rear and side subframes help eliminate lateral torsion and vibration.

SPECIFICATIONS

A. Mainframe: 11 Gauge 1.968" X 5.905" oval tubing
(50 x 150 x 3mm)

B. Upholstery (B/R): CGPC 2"high density foam
(ergonomic design)



C. Belt: Tensile strength more than 5,027 Lb. (2,280 Kg)

D. Shroud: 4T delicate safety cover

E. Product Weight: 585lbs/266kg(include 210 Lb Stack)

F. Weight Stack: High-quality weight plates for smooth and durable operation.

Standard Weight Stack: 210 Lb. (95.34 kg)

a. Optional: 310 Lb. (140.74kg)

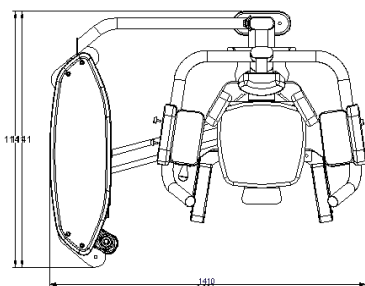
b. Optional: 410 Lb. (186.14kg)

G. Dimension: L x W x H, 50" x 41" x 65.5"

(1276mm x 1036mm x 1665mm)

MOT1800

Rotary Torso Machine



Console Features:

- A. Personal Coach Function.
- B. Auto Detecting (weight/resistance).
- C. Auto counting.
- D. Auto operation without setting.
- E. Personal program provided.
- F. Display:
 - . a. Training Time
 - . b. Calorie
 - . c. Goal
 - . d. Accumulated Data
 - . e. Counting Down Data



MOT1800

Rotary Torso Machine

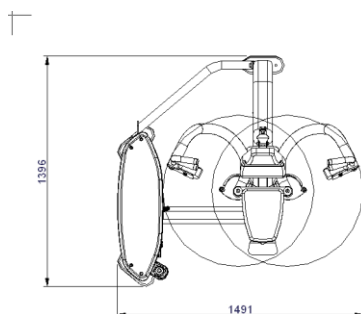
Built to deliver strength—and deliver it does. Structurally and biomechanically designed for intensive club use, the Rotary Torso' rigid body structure plays a critical role in the machine's superb handling. Its large base frame aids stability and comfort, and yields a neutral weight distribution. Substantial rear and side subframes help eliminate lateral torsion and vibration.



SPECIFICATIONS

- A. Mainframe: 11 Gauge 1.968" X 5.905" oval tubing (50 x 150 x 3mm)
- B. Upholstery (B/R): CGPC 2"high density foam (ergonomic design)
- C. Belt: Tensile strength more than 5,027 Lb. (2,280 Kg)
- D. Shroud: 4T delicate safety cover
- E. Product Weight: 574lbs/260kg(include 210 Lb Stack)
- F. Weight Stack: High-quality weight plates for smooth and durable operation.
 - Standard Weight Stack: 210 Lb. (95.34 kg)
 - a. Optional: 310 Lb. (140.74kg)
 - b. Optional: 410 Lb. (186.14kg)
- G. Dimension: L x W x H, 64" x 47" x 65.5" (1415mm x 1141mm x 1665mm)

MPD700 Pec Fly Machine



Console Features:

- A. Personal Coach Function.
- B. Auto Detecting (weight/resistance).
- C. Auto counting.
- D. Auto operation without setting.
- E. Personal program provided.
- F. Display:
 - . a. Training Time
 - . b. Calorie
 - . c. Goal
 - . d. Accumulated Data
 - . e. Counting Down Data



MPD700 Pec Fly Machine

The MegaPower Pec Machine features uniquely designed articulating pec arms to provide optimal; pectoral and rear deltoid development and has independent range of motion adjustments to accommodate users of all sizes.

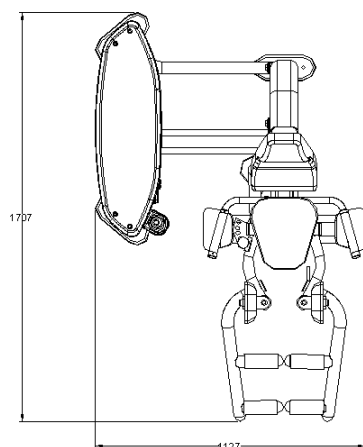
With gracefully curved frames constructed from sleek, power-coated tubing that exhibits a modern, design-forward aesthetic, the MegaPower Pec Machine builds form into function and value into a superior modular strength training system.

SPECIFICATIONS

- A. Mainframe: 11 Gauge 1.968" X 5.905" oval tubing (50 x 150 x 3mm)
- B. Upholstery (B/R): CGPC 2"high density foam (ergonomic design)
- C. Belt: Tensile strength more than 5,027 Lb. (2,280 Kg)
- D. Shroud: 4T delicate safety cover
- E. Product Weight: 570lbs/259kg(include 210 Lb Stack)
- F. Weight Stack: High-quality weight plates for smooth and durable operation.
 - Standard Weight Stack: 210 Lb. (95.34 kg)
 - a. Optional: 310 Lb. (140.74kg)
 - b. Optional: 410 Lb. (186.14kg)
- G. Dimension: L x W x H, 55" x 57.5" x 65.5" (1491mm x 1396mm x 1665mm)

MTH1100

Inner & Outer Thigh Machine



Console Features:

- A. Personal Coach Function.
- B. Auto Detecting (weight/resistance).
- C. Auto counting.
- D. Auto operation without setting.
- E. Personal program provided.
- F. Display:
 - . a. Training Time
 - . b. Calorie
 - . c. Goal
 - . d. Accumulated Data
 - . e. Counting Down Data




MTH1100

Inner & Outer Thigh Machine

Built to deliver strength—and deliver it does. Structurally and biomechanically designed for intensive club use, the Inner & Outer Thigh' rigid body structure plays a critical role in the machine's superb handling. Its large base frame aids stability and comfort, and yields a neutral weight distribution. Substantial rear and side subframes help eliminate lateral torsion and vibration.

SPECIFICATIONS

- A. Mainframe: 11 Gauge 1.968" X 5.905" oval tubing (50 x 150 x 3mm)
- B. Upholstery (B/R): CGPC 2"high density foam (ergonomic design)

- C. Belt: Tensile strength more than 5,027 Lb. (2,280 Kg)
- D. Shroud: 4T delicate safety cover
- E. Product Weight: 580lbs/264kg(include 210 Lb Stack)
- F. Weight Stack: High-quality weight plates for smooth and durable operation.
 - Standard Weight Stack: 210 Lb. (95.34 kg)
 - a. Optional: 310 Lb. (140.74kg)
 - b. Optional: 410 Lb. (186.14kg)
- G. Dimension: L x W x H, 64" x 44" x 65.5" (1707mm x 1127mm x 1665mm)



NEO Series

Product Data Sheet

NFID

Flat/Incline/Decline Bench


NFID

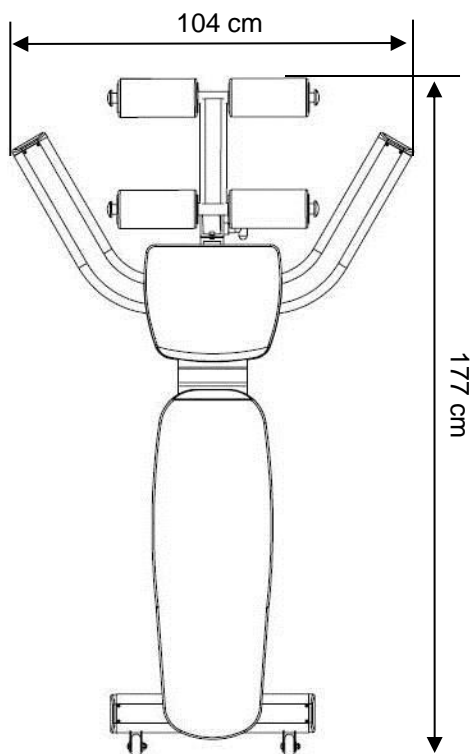
Flat/Incline/Decline Bench

“Neo” in ancient Greek words is “young,” we design Neo series with Oval Tube for you could keep young and strong body with our flexible and smooth outlook design Free Weight Machine. We provide full commercial used free weight adjusted bench, power rack, weight tree...,etc. Get start by Neo series Free Weight now. Steelflex® NFID Specifically designed with a shortened base frame to fit perfectly in all Smith Machines, Power Racks and Multi-Press Racks. Allows proper form and positioning for incline press and shoulder press exercises in all racks. Improved design features quick, easy, solid and secure 6-position ladder-style back pad adjustment. Multi-position seat pad adjustment allows all size users to do bent knee sit-ups and ab crunches with proper lower back support and hip flexor alignment. Over 1000 lb. capacity.



SPECIFICATIONS

- A. Mainframe: Heavy-Gauge 1.968" X 3.937" oval tubing (50 x 100 x 2.5T mm)
- B. Upholstery (B/R): Durable double stitched upholstery (ergonomic design) 
- C. Over 1,000 lbs. capacity
- D. Specifically designed with a shortened base frame to fit perfectly in all Smith Machines, Power Racks, and Multi-Press Racks Improved design features quick, easy, solid, and secure 6-position ladder-style
- E. Continuous welds at all joints
- F. Extra-wide and solid base provides maximum stability.
- G. Adjustable seating
- H. Moulded rubber feet with a slip-resistant texture
- I. Ideal for home and commercial use
- J. Electrostatically applied powdercoat paint finish, metallic silver
- K. Product Weight: 92lbs / 42 kg
- L. Dimension: 70" L x 41" W x 30" H (177 cm x 104 cm x 75 cm)
- M. Packing: 2 Cartons, 7.7 Cubic Feet





NEO Series

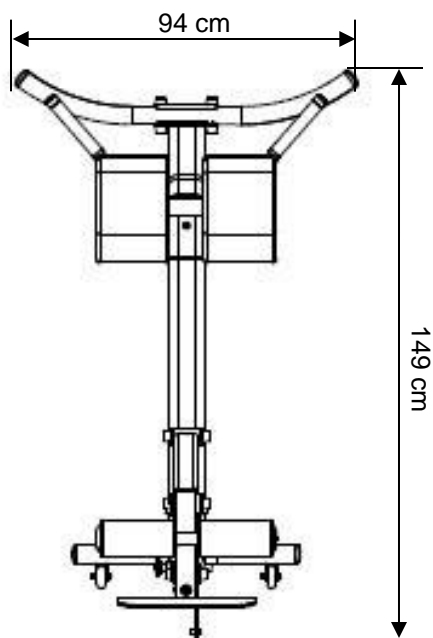
Product Data Sheet

NRCH Roman Chair



NRCH Roman Chair

"Neo" in ancient Greek words is "young," we design Neo series with Oval Tube for you could keep young and strong body with our flexible and smooth outlook design Free Weight Machine. We provide full commercial used free weight adjusted bench, power rack, weight tree...,etc. Get start by Neo series Free Weight now.

Steelflex® NRCH, Fitness professionals worldwide recognize the Roman Chair & Back Hyperextension for its unsurpassed development of the abdominal, oblique, lower back, glute, and hamstrings. Thick, double-stitched DuraFirm™ pads and oversize 8" foam rollers provide comfort and support.



SPECIFICATIONS

- A. Mainframe: heavy-Gauge 1.968" X 3.937" oval tubing (50 x 100 x 2.0T mm)
- B. Upholstery (B/R): Durable double stitched upholstery (ergonomic design)  
- C. Extra-wide base eliminates rocking
- D. Extra-thick contoured support pads
- E. Oversize foam rollers are pop-pin adjustable both vertically and horizontally to fit all size users
- F. Ideal for home and commercial use
- G. No-slip step-up surface for safe positioning
- H. Electrostatically applied powder coat paint finish , metallic silver
- I. Product Weight: 97 lbs / 44 kg
- J. Dimension: 59" L x 37" W x 41" H (149 cm x 94 cm x 104 cm)
- K. Packing: 2 Cartons, 8.6 Cubic Feet



PLBC

Biceps Curl Machine



SPECIFICATIONS

Features:

Frame: 11 gauge steel, 2" x 4" oval tubing
Electro-statically applied powder coat
Industrial rated bearings, sealed bearings at all pivot points
Springs (where applicable) make seat & weight arm adjustments quick and easy

Specs:

Floor Space: 66"L x 37"W x 36"H
Product Weight: 146lbs
Capacity Weight: 500lbs

PLBC Biceps Curl Machine

The Steelflex PlateLoad Bicep Curl machine compliments the circuit of Steelflex PlateLoad equipment focusing on the Bicep muscles.

Warranty: Commercial and Residential

15 yr frame
2 yr bearings
6 months upholstery & grips
1 yr all other parts*Color(Y/N):
Weight Plate not include





PLBP Bench Press Machine



SPECIFICATIONS

Features:

Frame: 11 gauge steel, 2" x 4" oval tubing
Electro-statically applied powder coat
Industrial rated bearings, sealed bearings at all pivot points
Springs (where applicable) make seat & weight arm adjustments quick and easy

Specs:

Floor Space: 61"L x 53"W x 37"H
Product Weight: 176lbs
Capacity Weight: 500lbs

PLBP Bench Press Machine

Bench press with a 25 degree converging pattern that provides an exceptional range of motion, both arms can be used together or independently.

Warranty: Commercial and Residential

15 yr frame
2 yr bearings
6 months upholstery & grips
1 yr all other parts*Color(Y/N):
Weight Plate not include



PLIP

Chest Incline Press Machine



SPECIFICATIONS

Features:

Frame: 11 gauge steel, 2" x 4" oval tubing
Electro-statically applied powder coat
Industrial rated bearings, sealed bearings at all pivot points
Springs (where applicable) make seat & weight arm adjustments quick and easy

Specs:

Floor Space: 61"L x 59"W x 50"H
Product Weight: 165lbs
Capacity Weight: 500lbs

PLIP

Chest Incline Press Machine

From an incline position the 25 degree converging pattern provides an exceptional range of motion, both arms can be used together or independently.

Warranty: Commercial and Residential

15 yr frame
2 yr bearings
6 months upholstery & grips
1 yr all other parts*Color(Y/N):
Weight Plate not include





PLLA

Lat Pulldown Machine



SPECIFICATIONS

Features:

Frame: 11 gauge steel, 2" x 4" oval tubing
Electro-statically applied powder coat
Industrial rated bearings, sealed bearings at all pivot points
Springs (where applicable) make seat & weight arm adjustments quick and easy

Specs:

Floor Space: 54"L x 62"W x 77"H
Product Weight: 185lbs
Capacity Weight: 500lbs

PLLA Lat Pulldown Machine

The Steelflex PLLA Lat Pull Down is the ideal machine to add to the circuit of Steelflex Plateload machines. The PLLA Lat Pull Down will complete your muscle strength training.

Warranty: Commercial and Residential
15 yr frame
2 yr bearings
6 months upholstery & grips
1 yr all other parts*Color(Y/N):
Weight Plate not include





PLLC Leg Curl Machine



SPECIFICATIONS

Features:

Frame: 11 gauge steel, 2" x 4" oval tubing
Electro-statically applied powder coat
Industrial rated bearings, sealed bearings at all pivot points
Springs (where applicable) make seat & weight arm adjustments quick and easy

Specs:

Floor Space: 69"L x 52"W x 28"H
Product Weight: 156lbs
Capacity Weight: 500lbs

PLLC Leg Curl Machine

This high performance leg curl machine has 5 levels of adjustable positions. Both legs can be used together or independently.

Warranty: Commercial and Residential
15 yr frame
2 yr bearings
6 months upholstery & grips
1 yr all other parts*Color(Y/N):
Weight Plate not include



PLLE

Leg Extension Machine



SPECIFICATIONS

Features:

Frame: 11 gauge steel, 2" x 4" oval tubing
Electro-statically applied powder coat
Industrial rated bearings, sealed bearings at all pivot points
Springs (where applicable) make seat & weight arm adjustments quick and easy

Specs:

Floor Space: 52"L x 49"W x 42"H
Product Weight: 164lbs
Capacity Weight: 500lbs

PLLE Leg Extension Machine

This leg extension machine has a 100 degree angle between seat and back pad increases comfort and encourages full quadriceps contraction without hamstring flexibility limitations. Both legs can be used together or independently.

Warranty: Commercial and Residential

15 yr frame
2 yr bearings
6 months upholstery & grips
1 yr all other parts*Color(Y/N):
Weight Plate not include





PLL Leg Press Machine



SPECIFICATIONS

Features:

Frame: 11 gauge steel, 2" x 4" oval tubing
Electro-statically applied powder coat
Industrial rated bearings, sealed bearings at all pivot points
Springs (where applicable) make seat & weight arm adjustments quick and easy

Specs:

Floor Space: 84"L x 52"W x 56"H
Product Weight: 216lbs
Capacity Weight: 500lbs

PLL Leg Press Machine

This leg press machine has large pivoting footplate maintains correct foot position throughout range of motion, Sealed bearing pivot points and Adjustable safety stop system that allows a half or full range of motion.

Warranty: Commercial and Residential
15 yr frame
2 yr bearings
6 months upholstery & grips
1 yr all other parts*Color(Y/N):
Weight Plate not include





PLSC

Seated Calf Press Machine



SPECIFICATIONS

Features:

Frame: 11 gauge steel, 2" x 4" oval tubing
Electro-statically applied powder coat
Industrial rated bearings, sealed bearings at all pivot points
Springs (where applicable) make seat & weight arm adjustments quick and easy

Specs:

Floor Space: 62"L x 37"W x 36"H
Product Weight: 96lbs
Capacity Weight: 500lbs

PLSC Seated Calf Press Machine

The Steelflex PLSC Seated Calf machine will focus your strength training on working your leg muscles directly in the calf area will complete your circuit of Steelflex Plateload Machines.

Warranty: Commercial and Residential

15 yr frame
2 yr bearings
6 months upholstery & grips
1 yr all other parts*Color(Y/N):
Weight Plate not include



PLSP

Shoulder Press Machine



SPECIFICATIONS

Features:

Frame: 11 gauge steel, 2" x 4" oval tubing
Electro-statically applied powder coat
Industrial rated bearings, sealed bearings at all pivot points
Springs (where applicable) make seat & weight arm adjustments quick and easy

Specs:

Floor Space: 61"L x 42"W x 55"H
Product Weight: 193lbs
Capacity Weight: 500lbs

PLSP Shoulder Press Machine

Get amazing results with this shoulder press that has a 25 degree converging pattern provides an exceptional range of motion, both arms can be used together or independently.

Warranty: Commercial and Residential

15 yr frame
2 yr bearings
6 months upholstery & grips
1 yr all other parts*Color(Y/N):
Weight Plate not include





PLSR Seated Row Machine



SPECIFICATIONS

Features:

- Frame: 11 gauge steel, 2" x 4" oval tubing
- Electro-statically applied powder coat
- Industrial rated bearings, sealed bearings at all pivot points
- Springs (where applicable) make seat & weight arm adjustments quick and easy

Specs:

- Floor Space: 47"L x 43"W x 43"H
- Product Weight: 155lbs
- Capacity Weight: 500lbs

PLSR Seated Row Machine

The PLSR Seated Row machine provides a 10 degree diverging pattern that provides comfortable working orbits, both arms can be used together or independently.

Warranty: Commercial and Residential
15 yr frame
2 yr bearings
6 months upholstery & grips
1 yr all other parts*Color(Y/N):
Weight Plate not include





PLTE

Triceps Extension Machine



SPECIFICATIONS

Features:

Frame: 11 gauge steel, 2" x 4" oval tubing
Electro-statically applied powder coat
Industrial rated bearings, sealed bearings at all pivot points
Springs (where applicable) make seat & weight arm adjustments quick and easy

Specs:

Floor Space: 63"L x 38"W x 52"H
Product Weight: 144lbs
Capacity Weight: 500lbs

PLTE

Triceps Extension Machine

The Steelflex PLTE Tricep Extension focuses your weight training on the key points of your Triceps, extending and building the Tricep muscles.

Warranty: Commercial and Residential

15 yr frame
2 yr bearings
6 months upholstery & grips
1 yr all other parts*Color(Y/N):
Weight Plate not include





PLTR T-bar Row Machine



SPECIFICATIONS

Features:

- Frame: 11 gauge steel, 2" x 4" oval tubing
- Electro-statically applied powder coat
- Industrial rated bearings, sealed bearings at all pivot points.

Specs:

- Floor Space: 76"L x 31"W x 42"H
- Product Weight: 127lbs
- Capacity Weight: 500lbs

PLTR T-bar Row Machine

The Steelflex PLTR T-bar row has Multi joint system allowing full range-of-motion in a natural biomechanical movement and Adjustable footplate allowed the user train under best position.

Warranty: Commercial and Residential

- 15 yr frame
- 2 yr bearings
- 6 months upholstery & grips
- 1 yr all other parts*Color(Y/N):
- Weight Plate not include

